



PST TRAINING (PTY) LTD

# PST Training (Pty) Ltd

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## HIV/Aids

### Overview

As AIDS affects different parts of society, everyone should be aware of HIV and AIDS. This course will help delegates to protect themselves from new infections by providing them information about the disease and how it is transmitted. It will also help them to reduce the stigma and discrimination among the people who are living with AIDS.

### Objectives

- The effect on the Person, Behaviour and Transmission
- Risk
- Support
- Legal Implications

### Course Prerequisites

Communication at ABET Level 2 & Mathematical at ABET Level 2

### Language of Delivery

English

### Delivery Methods

Course is facilitated by a competent subject matter trainer, who utilises a combination of the following techniques to ensure that the session is practical and experiential: Discussion; Role Play; Exercises & Case Studies; Videos/DVD's; Games, Slide Shows & Written Questions.

### Training & Evaluation

- Training on a 50% theoretical and 50% practical basis (HWSETA requirement: 30% theoretical and 70% practical)
- Constant evaluation
- Summative Test achieving 75%

### Who should attend?

All staff members

### Course Outline

#### This course consists of the following 4 modules

<b>Module 1</b>	<b>HIV/Aids and Its Effects on the Human Immune System:</b> The Terms HIV and Aids; Where Did HIV Come From?; How the Immune System Works; How the HIV Virus Attacks the Immune System; Window Period; HIV Testing; HIV Mothers and Pregnancy; Counselling and Testing; Stages of the Disease; The Effect in the Workplace and Lifestyle Change; HIV Drugs and Surviving.
<b>Module 2</b>	<b>HIV/Aids Transmission:</b> HIV and Body Fluids; Sex and HIV; Behaviour and HIV Transmission; Mother to Child Transmission; Precautions in Blood Transfusion.
<b>Module 3</b>	<b>Safe and Risky Behaviour:</b> Potential Risk in the Workplace; Fears and Misunderstandings; STD's and Transmission.
<b>Module 4</b>	<b>Support and Guidelines for Workers:</b> Company Policy; National Department of Health Guideline; Problems of Workers in the Workplace; Employer's Role; Wellness Programmes; Treatment Options; Worker's Rights; Universal Precautions; Workplace Code of Behaviour; Orphans and Children and the Impact on Society/State; Medical Care and Employers; Workforce and Family / Organisations / Workplace / Industry.

### Additional Information

<b>Duration</b>	1 Day
<b>Includes</b>	<ul style="list-style-type: none"> <li>• Comprehensive Manual</li> <li>• Lunch &amp; Refreshments (not applicable to on-site training)</li> <li>• SAIOSH Accredited (2 CPD credits/points)</li> <li>• Electronic Certificate (on successful completion of the course)</li> <li>• Electronic Delegate Feedback Questionnaire</li> </ul>